

Terms and Conditions

Malaysian Healthy Diet Online Survey (MHDOS) of the Nutrition Society of Malaysia

Effective Date: 7 July 2025

By accessing and using the Malaysian Healthy Diet Online Survey (MHDOS) at <https://nsm-mhdos.org.my>, you agree to comply with and be bound by the following Terms and Conditions. If you do not agree with any part of these Terms, please refrain from using this website.

1. Acceptance of Terms

- By participating in the survey, you confirm that you have read, understood, and accepted these Terms and Conditions.
- We reserve the right to modify or update these Terms at any time without prior notice. Continued use of MHDOS implies your acceptance of such changes.

2. Purpose of the Survey

- This survey is conducted for research, educational, and public health development purposes. Your responses will contribute to understanding overall diet quality among Malaysians and may be used to inform health promotion strategies and academic publications.

3. Eligibility

- You must be aged 18 years or older to participate.
- You must be a Malaysian citizen or currently residing in Malaysia.

4. Voluntary Participation

- Participation is entirely voluntary. You may choose to discontinue the survey at any time without any penalty.
- By proceeding, you provide informed consent to participate in the survey.

5. Privacy and Data Protection

- All personal data will be handled in accordance with the Malaysian Personal Data Protection Act (PDPA) 2010.
- Responses will be treated as confidential. Any data published or shared will be anonymised.
- If you provide your email address, it will be stored securely and never shared without your consent.
- For more information on how your data is collected, stored, and used, please refer to our Privacy Policy.

6. Use of Data

- Your responses may be used for academic research, nutritional surveillance, public health reports, or educational resources.
- Aggregated and anonymised data may be shared with collaborators or published in academic or public platforms.

7. Survey Accuracy

- You are encouraged to answer questions as truthfully and accurately as possible.
- Your Diet Score Report is generated based on your responses and is for informational and educational purposes only. It is not a substitute for professional medical or dietary advice.

8. Intellectual Property

- All content on this MHDOS website, including the survey questionnaire, scoring tools, and report templates, is the intellectual property of the MHDOS team or its authorized collaborators.
- No part of this MHDOS website may be reproduced, distributed, or modified without prior written permission from the MHDOS team.

9. Limitation of Liability

- While every effort is made to ensure the accuracy and reliability of MHDOS, no guarantee is given of uninterrupted access or error-free operation.
- The MHDOS team shall not be liable for any direct or indirect damages resulting from your use of MHDOS or the interpretation of survey results.

10. Amendments

- These Terms and Conditions may be revised from time to time. Any changes will be reflected on this page, and continued use of the MHDOS signifies your acceptance of the revised Terms.

11. Contact

If you have any questions about the survey, your data, or these terms, please contact the MHDOS team at:

✉ mhdos.report@nutriweb.org.my

📍 Nutrition Society of Malaysia